



# Senior Cohousing: An Option for Aging Successfully in Community

## Public Information Sessions — 7:00p- 8:30pm

**Wednesday, Nov 14**  
Bangs Community Center  
70 Boltwood Walk  
Amherst

**Tuesday, Nov 27**  
Northampton Senior Center  
67 Conz Street  
Northampton

**Thursday, Dec 6**  
Florence Community Center  
40 Pine Street  
Northampton

As a baby boomer, are you looking ahead, or over your shoulder, at **turning 60?** To prepare for the future are you considering changing where or how you live? Do you wish you had a greater sense of community with your neighbors? What will you need to make the most of the next chapter of your life?

In these sessions, explore what senior cohousing has to offer, making it one of the best new choices in the marketplace for seniors as they age.

It appeals to proactive adults who want to live in a socially and environmentally vibrant community, in custom-built neighborhoods organized by the seniors themselves to address their real needs, wants and aspirations for health, longevity and quality of life. More than 150 cohousing communities exist in North America, including 8 senior-focused developments.

**Session Presenter:** Dyan Wiley is a Senior Cohousing Facilitator with Kraus-Fitch Architects and long-time resident of Amherst's Pioneer Valley Cohousing Community. She has trained communities in facilitation, consensus, and group process and managed many projects in the nonprofit field for more than 3 decades. She leads a 10-week experiential course "Aging Successfully—Aging in Community."



The sessions are free and open to the public. For more information contact Dyan at [dyan@cohousing.com](mailto:dyan@cohousing.com) or 413.427.3790.